

## Aging and Driving Successfully

### Objectives:

- To educate drivers about which physical changes affect driving ability.
- To educate drivers how to evaluate their own driving skills.
- To educate drivers on ways to adjust their driving habits to be safer drivers.

### Prior to the class:

Reproduce the following handouts to distribute and use during the presentation:

- *Sign in sheet*
- *Am I a Safe Driver? Fact Sheet*
- *Safe Driving Tips Fact Sheet*
- *Program evaluation*

Thoroughly review *PowerPoint Presentation*. Notes providing background information have been included for each slide and can be used as a script. **Words in bold type are directions for the presenter to follow during the program.**

### Consider using the following optional resources:

- *Safety Belts and Air Bags Fact Sheet*
- Free Safety Materials from the AAA Foundation for Traffic Safety can be ordered online at: <http://www.aaafoundation.org/products/index.cfm?button=freeintro>. Supplies are limited. Allow at least 6 weeks for delivery.
- AARP Driver Safety Program. Information available online at: <http://www.aarp.org/drive/>.
- The USAA Educational Foundation: Driving Safely While Aging Gracefully. Information available online at: <http://www.usaaedfoundation.org/auto/as02.asp>.
- Supplemental Resource Materials from NHTSA. Allow at least 6 weeks for delivery. Free Safety Materials covering a variety of traffic safety topics can be ordered online at: <http://nhtsa.gov/people/outreach/media/catalog/Index.cfm>.

