

Steps toward Help Financial Recovery and Mental Health Resources

The following is a list of resources that may help you or a loved take a step toward help for financial and mental health difficulties.

Financial Resources

[Family, Home, and Community](#)

[Guide to Avoiding Foreclosure](#)

[Government Benefits, Grants, and Financial Aid](#)

[Jobs, Education, Volunteerism](#)

[Managing Money in Tough Times](#)

[Making Home Affordable](#)

[Personal Finance](#)

[Worker ReEmployment](#)

Mental Health Resources

[Mental Health Services Locator](#)

[Substance Abuse Treatment Facility Locator](#)