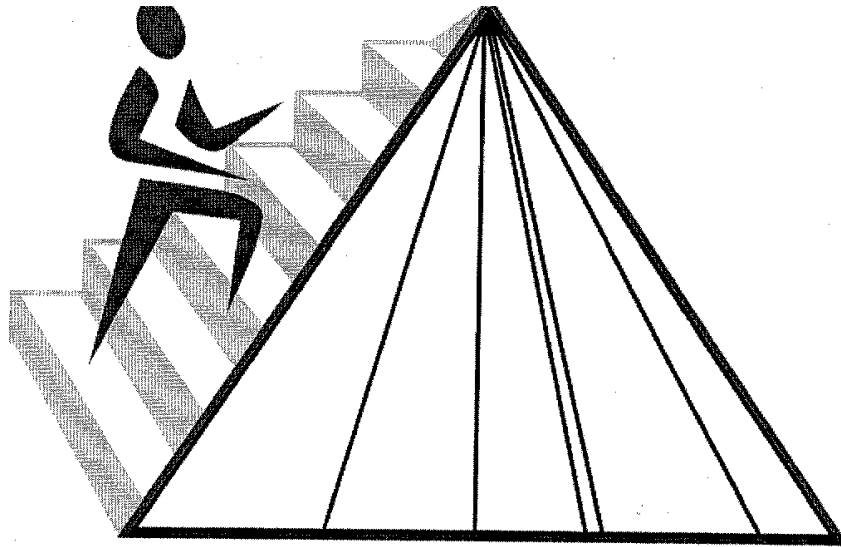


Name _____

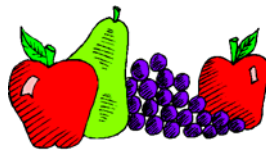


MyPyramid.gov

STEPS TO A HEALTHIER YOU

Color the food groups! Start at the left side of MyPyramid.

Grains:	Veggies:	Fruits:	Oils:	Milk:	Meat & Beans:
ORANGE	GREEN	RED	YELLOW	BLUE	PURPLE



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