

Kincare Risk and Protective Factors

Protective	INDIVIDUAL	Risk
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<ul style="list-style-type: none"> • problem-solving skills, intellectual ability • self-esteem, self-efficacy, personal responsibility • social/interpersonal and communication skills • good parenting/caregiving skills • positive caregiving attitude • 	<ul style="list-style-type: none"> • financial legal problems • mental and physical health risks • social isolation and stress • poor parenting/caregiving skills • poor role adjustment •
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Protective	FAMILY	Risk
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<ul style="list-style-type: none"> • close relationship within the family • family support • family financial support • respite care • 	<ul style="list-style-type: none"> • family conflict • family history of problem behaviors • unclear family rules, expectations, rewards • family management problems •
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Protective	FRIENDS	Risk
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<ul style="list-style-type: none"> • a close friend • peer support • 	<ul style="list-style-type: none"> • no close friends • no peer support •
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Protective	WORK	Risk
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<ul style="list-style-type: none"> • provides adequate finances • provides adequate benefits (health insurance) • flexibility • 	<ul style="list-style-type: none"> • long work hours • low pay • no benefits •
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Protective	AGENCY & COMMUNITY	Risk
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<ul style="list-style-type: none"> • belonging to a supportive community • support from school, agencies, other social institutions • high quality kincare support groups, networks, and resources • 	<ul style="list-style-type: none"> • low neighborhood attachment, community disorganization, high mobility • little interaction between school, agencies, and social institutions • lack of kincare resources •
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