

Children's Risk and Protective Factors

Protective	INDIVIDUAL	Risk
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<ul style="list-style-type: none"> • problem-solving skills, intellectual ability • self-esteem, self-efficacy, personal responsibility • social/interpersonal skills • autonomy • sense of purpose and future 	<ul style="list-style-type: none"> • anti-social behavior, hyperactivity • rebelliousness • social isolation • hedonistic values • stress
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Protective	FAMILY	Risk
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<ul style="list-style-type: none"> • close relationship with at least one person • family support • high expectations • encourage children's participation 	<ul style="list-style-type: none"> • poor parental monitoring • distant, uninvolved, inconsistent parenting • unclear family rules, expectations, rewards • at home alone
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Protective	FRIENDS	Risk
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<ul style="list-style-type: none"> • a close friend • positive peer influence 	<ul style="list-style-type: none"> • association with friends engaged in similar anti-social behavior • negative peer pressure
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Protective	SCHOOL	Risk
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<ul style="list-style-type: none"> • achievement motivation • educational aspirations • school performance • homework • positive school climate 	<ul style="list-style-type: none"> • school transition • academic failure • low commitment to school • absenteeism • desire to drop out
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Protective	WORK	Risk
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<ul style="list-style-type: none"> • required helpfulness 	<ul style="list-style-type: none"> • long work hours
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Protective	COMMUNITY	Risk
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<ul style="list-style-type: none"> • belonging to a supportive community • bonding to family, school, other social institutions • other adult resources and communication • involved in community organizations 	<ul style="list-style-type: none"> • low socio-economic status • complacent/permissive laws and norms • low neighborhood attachment, community disorganization, high mobility • media influence
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Source: Bogenschneider, K. (1996) An ecology risk protective theory for building prevention programs, policies and community capacity to support you. *Family Relations*, Vol. 45, No. 2. (April, 1996), pp. 127-138.