

Mobility & Balance

Put your shoes on the wrong feet and walk down the tape line.

Sight

Put on the glasses and walk around the building. Look for fire alarm. Read the instructions.

Mobility & Balance

Use the walker and carry the “groceries” down the hall - open a door and walk through.

Mobility & Balance

Turn around until you're dizzy. Then walk the tape line.

Mobility & Balance

Use the wheelchair, find the bathroom and enter. Wash your hands.

Mobility & Balance

Using the wheelchair, find the bathroom and enter. Enter a stall.

Dexterity

Have your partner tape several fingers together to represent a stiffening joint. Go to the bathroom and turn on the water.

Dexterity

Have your partner tape several fingers together to represent a stiffening joint. Try to unzip and zip the zipper.

Dexterity

Have your partner tape several fingers together to represent a stiffening joint. Try to button or unbutton a coat.

Dexterity

Have your partner tape several fingers together to represent a stiffening joint. Try to thread the needle.

Dexterity

Have your partner tape several fingers together to represent a stiffening joint. Try to open the medicine bottle.

Touch

Put on the plastic gloves. Try to thread a needle and make stitches through the square of cloth.

Touch

Put on the plastic gloves. Try to pick up the buttons, pins, and paper.

Touch

Put on the cotton gloves. Try to thread the needle.

Smell

Hold your nose and close your eyes. Smell the items in the bags.

Mobility & Balance

Use the cane and walk the line.