



AGGRESSIVE DRIVERS

Stress, Frustration & Aggressive Driving

If you've ever been passed on the wrong side, tailgated, cut off or hemmed in by another vehicle, then you've been the victim of an aggressive driver. Aggressive driving often ends in collisions and personal attacks. Drivers can be fined up to \$200 for each moving violation associated with aggressive driving. In addition, car insurance companies often raise rates for drivers with multiple moving violations.

How to Avoid Danger

- First, be a cautious, considerate driver. Avoid creating a situation that may provoke another motorist.
- Don't tailgate.
- If you are in the left lane and someone wants to pass, move over and let the driver by.
- Do not make inappropriate hand or facial gestures. use your horn sparingly. Second, if you do encounter an angry driver, don't make matters worse by triggering a confrontation.
- Avoid eye contact.
- Steer clear and give angry drivers plenty of room.
- Put as much distance between you and the aggressive driver as possible.

How to avoid becoming an aggressive driver

Plan ahead and allow enough time for delays. Give your drive your full attention. Don't take your frustration out on other drivers.

Driving is not a contest. It is not about winning. You can't control the drivers around you. You can control only the way you react to them.

Source: Road Tips, Texas Department of Transportation