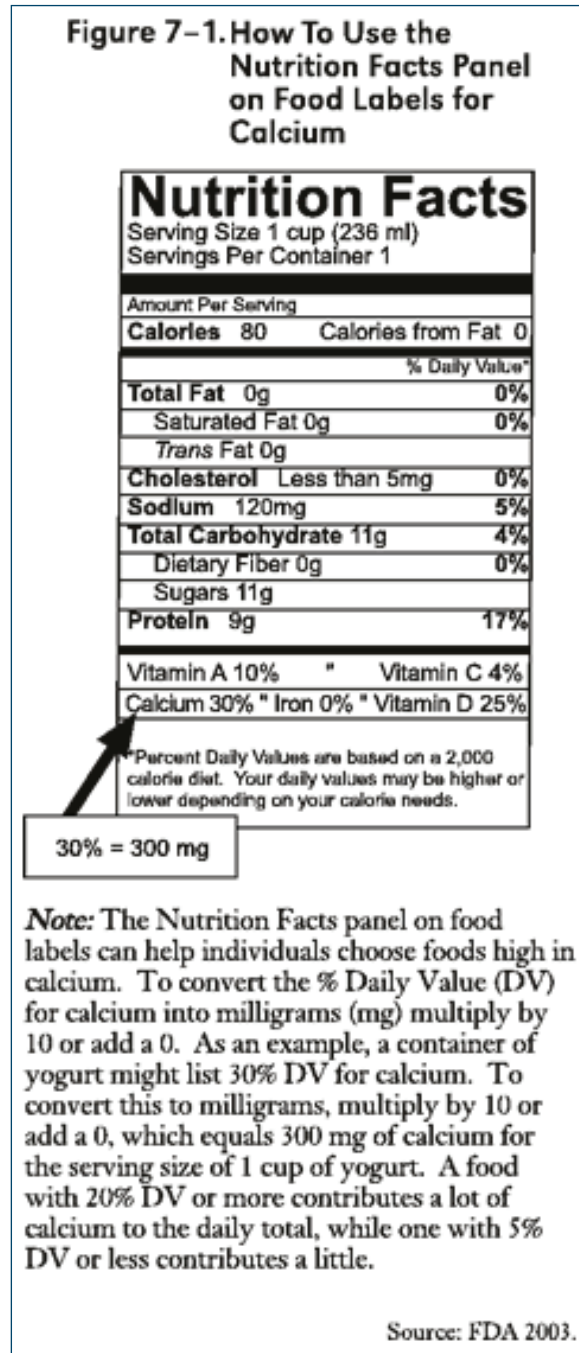


## How to Use the Nutrition Facts Panel on Food Labels for Calcium

**Figure 7-1. How To Use the Nutrition Facts Panel on Food Labels for Calcium**



Excerpted from U.S. Department of Health and Human Services. *Bone Health and Osteoporosis: A Report of the Surgeon General*. Rockville, MD: U.S. Department of Health and Human Services, Office of the Surgeon General, 2004, page 163.

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