

Children & Headaches

Identifying and helping children with headaches can be a challenge for parents and kids. For very young children, there may be inability to communicate and, thus, difficulty in identifying headaches. For older children, their *reactions to* or *descriptions* of headache pain may be different than that of an adult. It is important to be able to identify and describe your child's headaches, rule out any serious problems, and get a treatment and management plan to help. See your doctor, and use the following resources to help you in the process:

- [Headaches](#)
- [Headaches in Children](#)
- [Headaches in Kids: What Parents Can Do to Help](#)
- [Kids Headaches are Cause for Concern](#)
- [Oooh, Your Aching Head](#)

